

Western National Roundup

January, 2016

Skill-a-Thon

Judging Class #2: Yogurt

Jacquelyn has made a New Year's resolution to cut out her junk food snacks because of the fat and sugar. She thinks yogurt is a good choice to begin her resolution. Jacquelyn doesn't like artificial sweeteners and wants a good source of protein to help her stay satisfied. Which is the best choice for Jacquelyn?

Yogurt Official Placing 3 – 4 – 2 – 1

Cuts 3 – 2 – 3

	#1 Kroger Carbmaster	#2 Activia Greek	#3 Kroger Nonfat Greek	#4 Oikos Nonfat Greek
Protein	8 g	12 g	14 g	12 g
Fat	1.5 g	0	0	0
Sugars	4 g	18 g 2 nd ingredient	14 g 3 rd ingredient	18 g 4 th ingredient
Artificial Sweeteners	Yes	No	No	No

#2 Y

Official Placement: 3 - 4 - 2 - 1

Cuts: 3 - 2 - 3

Contestant Placing	Score
1234	27
1243	24
1324	32
1342	34
1423	26
1432	31
2134	30
2143	27
2314	38
2341	43
2413	32
2431	40
3124	40
3142	42
3214	43
3241	48
3412	47
3421	50
4123	31
4132	36
4213	34
4231	42
4312	44
4321	47