

**Example: Family Consumer Sciences Skill-a-thon
Life Skills Scenario Work Sheet for Participating Teams**
(To be turned in to judges after giving the 5 minute oral presentation.)

Team/State:

Scenario:

After listening to the National news between Thanksgiving and New Years - and hearing about deadly tornadoes, flooding, ice storms and winter storms, you think it would be a good idea to develop a disaster plan to meet your family's needs. Create a disaster plan that any family could utilize in the event of a natural disaster or other catastrophic event.

Alternatives: Variety of options generated

A disaster plan consists of:

- 1. Escape route from each room in house*
- 2. Communication - designate a person everyone in the family should contact if the family is separated during a disaster.*
- 3. Communication with emergency personnel - add an ICE (In Case of Emergency) number in your cell phone.*
- 4. Important records - make copies of important documents and keep them in a safe place away from home.*
- 5. Safety skills - family members should know basic first aid.*

Solution: Conclusions reached are explained and reasonable for the situation

To be prepared for a disaster every family should have a disaster plan that works for their household needs. In summary the plan should include an escape route, communication with the family; communication with emergency personnel; keep important records away from the home and family members should know basic first aid.